





AGRICULTURAL UNIVERSITY OF ATHENS



STUDENT GUIDE For Erasmus Students

2015/2016

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Welcome to the Agricultural University of Athens (A.U.A.)

Agriculture and Culture, two senses very close and extremely important. The Agriculture is related to the cultivation of the land and the Culture to the cultivation of the mind. We begin from something settled, the land and the mind, which in collaboration with the human capital can produce seeds. Their quality depends on the rhythm of our work and our capacity to develop.

In this framework the contact with other cultures is very significant as we have the opportunity to broaden our mind. That is to say that the exchange of knowledge and experience in the framework of Erasmus+ Programme is going to help you to be in contact with different countries, people and mentalities.

The Agricultural University of Athens (A.U.A.) is the place that makes the difference and the new environment where you may pass a part of your study Programme combining the agricultural experience you already have with the new one. All the staff of the A.U.A. is willing to help you to integrate from the very beginning till the end of your stay. Moreover, we hope that the variety of Faculties (Crop Science, Animal Science & Aquaculture, Biotechnology, Agricultural Economics & Rural Development, Food Science & Human Nutrition, Natural Resources Management & Agricultural Engineering) initiated by the A.U.A. is going to respond to your expectations and your specific interests.

Dear student,

The Agricultural University of Athens welcomes you and wishes you a successful Erasmus study period and an unforgettable stay in Athens. Looking forward to meeting you in Athens, we give you some practical information you may need before your arrival and during your stay in Greece.

A brief historical background of the Agricultural University of Athens

The Agricultural University of Athens is the third oldest University of Greece and the first devoted to agriculture. Its history goes back over one hundred years and its impact on the development of Greek agriculture has been very significant.

Its historic location near Kerameikos and along lera Odos, the oldest street of Europe, is inseparably linked to the ancient Greek traditions of agriculture. Iera Odos was the route along which the ritual procession to worship Demeter, the goddess of agriculture, passed to end in "Elefsis", the town of Triptolemos, who spread agriculture throughout Europe.



The Agricultural University of Athens today

Nowadays, the A.U.A. has more than 200 teaching and research staff, approximately 2000 students plus associated administrative and technical personnel. The University is actively involved in the promotion of agricultural research and teaching in collaboration with other institutions. It comprises 6 Faculties and awards 6 undergraduate degrees in:

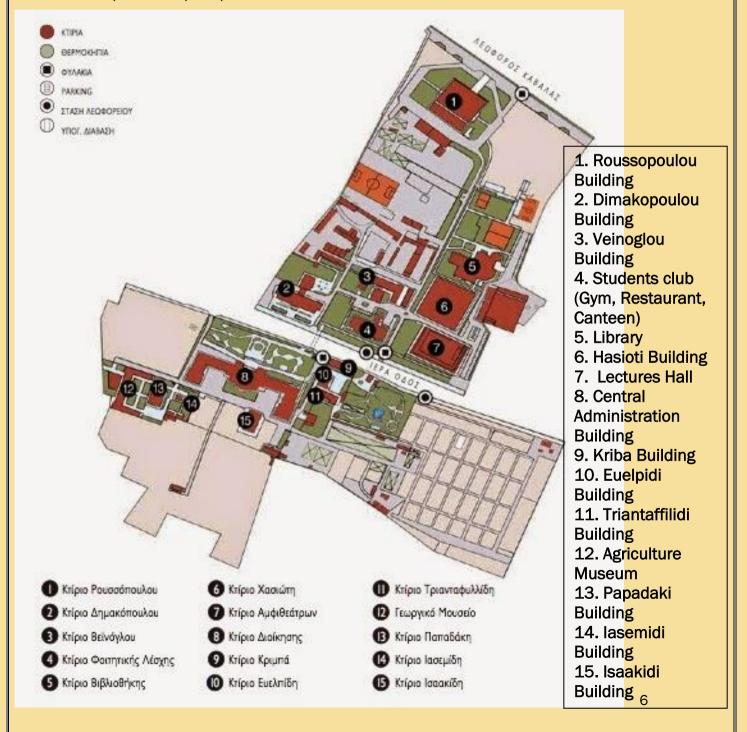
- 1. Crop Science
- 2. Animal Science and Aquaculture
- 3. Biotechnology
- 4. Agricultural Economics and Rural Development
- 5. Food Science and Human Nutrition
- 6. Natural Resources Management and Agricultural Engineering

The A.U.A. offers Ph.D. degrees. The 6 ffaculties have initiated postgraduate courses which lead to M.Sc. since the academic year 1998-99.



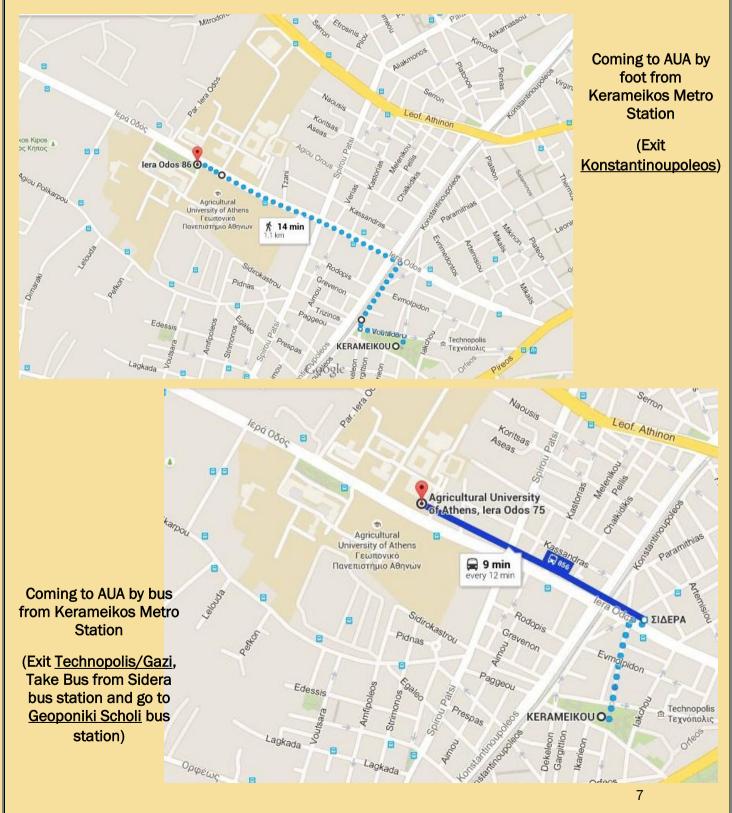
Map of Agricultural University of Athens

The University campus covers an area of 34 acres and is located on either sides of lera Odos, near the ancient cemetery of Kerameikos in the district of Votanikos (former Botanic Garden). The campus consists of 14 main buildings (offices, amphitheatres, laboratories, library, leisure centre and restaurant), associated installations (gardens, stables, plantations, greenhouses, vineyards, sports fields). Additionally, the A.U.A. owns facilities and experimental fields in Kopaida, Oropo, Spata and Messinia.



Arriving at the A.U.A.

In order to arrive to the A.U.A. campus you can use a taxi or alternatively a number of buses whose numbers are the followings: 813, 856, A16, 025, 026, 027. For more information on bus routes visit <u>www.oasa.gr/</u>. In addition you may use the metro (Line 3): stations "Kerameikos" and "Eleonas" (<u>www.amel.gr</u>).



Courses, Examinations, Grading of Qualification

Studies at the A.U.A. last 5 years and its courses are divided in two annual semesters (autumn and spring). Lessons include lectures and laboratory work. Lectures normally take place in the morning (from 08:30 to 13:00) and laboratory work takes place during midday hours (from 14:30 to 17:00).

The grading scale used in the A.U.A. is the following:

- Type of scale 1-10
- ✤ Highest grade 10
- Lowest passing grade 5

EUROPEAN CREDIT TRANSFER SYSTEM

- A: 9 10 EXCELLENT outstanding performance with only minor errors
- B: 8 VERYGOOD above the average standard but with some errors
- C: 7 GOOD generally sound work with a number of no table errors
- D: 6 SATISFACTORY fair but with significant shortcomings
- E: 5 SUFFICIENT performance meets the minimum criteria
- Fx: 3-4 FAIL some more work required before the credit can be awarded
- F: 1-2 FAIL considerable further work is required

University Registration

Upon their arrival in Athens, Erasmus students should visit the European Programmes Office and register. The Office will provide them with the Student Identity Card, the Restaurant Card and the Library Borrowing Card, valid for the period of study at the A.U.A.

The European Programmes Office is located on the ground floor of the University's Central Administration Building (corridor of Laboratory of Agronomy) and it is open on Monday, Wednesday and Thursday from 10:00 to 12:00 (Address: Agricultural University of Athens, European Programmes Office, 75, lera Odos str, 118 55 Athens, tel: +30 210 5294823, +30 210 5294819, e-mail: european pr@aua.gr).



AUA Campus Info

Library

The central library of A.U.A. is situated in a separate building in the University campus (number 13 in the map of A.U.A.). All staff and students of the University community have the right to use the library facilities and may borrow material in accordance with the library rules.

The library is stocked with a wide range of books and journals relating to the various activities and disciplines of the Faculties and Laboratories. Students who wish to borrow books must first register to the library. They are issued with a personal library card which must be presented at the library desk at the time of each transaction. Students have the right to borrow up to 5 books for a 10 days period, renewable subject to demand. Failure to return the loaned material by the agreed date, loss or damage of loaned material renders the borrower liable to a fine. The library does not loan journals, doctoral thesis or material of special or historic value.

Additionally, the Library offers computer facilities and Wireless Internet Connection.

For further information and opening hours please visit the library site http://library.aua.gr/



Accommodation

The A.U.A. does not have a student hall of residence. Students currently visiting the University usually stay at a hotel or rent a room or flat in Athens. Frequently, students share accommodation so as to share the expenses. The University assists students to obtain accommodation but, since accommodation is in considerable demand especially prior to the beginning of each semester, someone should consult with the contact person of European Programmes' Office.

Student Restaurant and Canteen

There is a student restaurant and a canteen for the purchase of snacks and soft drinks. The opening hours are as follows:

Restaurant: for lunch from 12:00 to 15:00, for dinner from 18:00 to 20:30. Canteen: from 07:00 to 18:00 (everyday excluding week-ends)

Sports Facilities

Leisure Center: there is place for athletics and aerobic from 06:30 to 14:00 (from Monday to Friday), information: +30 210 529 4954.

Other sports facilities: Open air courts for tennis, volleyball, basketball.

Cultural Activities

Besides its role in education and research, the A.U.A. is also interested in promoting cultural activities. In this respect, the following groups have been established and are currently active: dance, theatre, music and the Choir. Additional activities include the organization of sports events, such as football and basketball.

Health Care

To get healthcare through the public system in Greece and in all the countries of the European Union (EU), if you become ill or injured while on a temporary stay, European Union nationals may obtain in their home country Form E 111 (for emergency care) or Form E 128 (also for non-emergency care, valid for the length of the course). In place of the above mentioned E-forms, from 1 June 2004 has been introduced in some countries the European Health Insurance Card (EHIC). Through them and the EHIC you have access to the National Health System under the same conditions as nationals of the member state you are visiting.

Students coming from non-EU countries must make arrangements for health insurance before entering Greece. It is the responsibility of the Sending University to provide insurance cover to students for the period of their stay at A.U.A.

University Medical Services

Next to the Greenhouse, University Campus *Mr. Baoussis Evangelos* Monday to Friday 09:00 to 12:00 Tel: +30210 529 4898

Coordinators

Erasmus Institutional Coordinator

Professor Epaminondas Paplomatas, Vice Rector of Academic Affairs and Personnel (Rectory, Central Building, 1stfloor) Tel: +30 210 5294802, e-mail: <u>vr2@aua.gr</u>

Department of Crop Science

Departmental Coordinator: Prof. Penelope Bebeli (Building No 13, 1st floor) Tel: +30 210 529 4622, e-mail: <u>bebeli@aua.gr</u>

Deputy Departmental Coordinator: Professor Gerassimos Arapis (Building No 6, 2nd floor)

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Department of Animal Science & Aquaculture

Departmental Coordinator: Assistant Prof. HagerAriadni (Building No 2, 2ndfloor)

Tel: +30 210 5294446, e-mail: a.hager@aua.gr

Deputy Departmental Coordinator: Assistant Professor Mountzouris Konstantinos (BuildingNo 2, 1stfloor)

Tel: +30 210 529 4422, e-mail: kmountzouris@aua.gr

Department of Natural Resources Management & AgriculturalEngineering Departmental Coordinator: Prof. Kerkidis Petros (Building No 1, 1stfloor) Tel: +30 210 529 4066, e-mail: **Ihyd2kep@aua.gr**

Department of Food Science & Human Nutrition

Departmental Coordinator: Associate Prof.Drossinos Eleftherios Tel: +30 210 529 4713, e-mail: ehd@aua.gr (BuildingNo 6, ground floor) Deputy Departmental Coordinator: Assist. Prof.Kapsokefalou Maria (Building No 6,ground floor) Tel: +30 210 529 4708, e-mail: kapsok@aua.gr

rei. 130 210 323 4700, e-mail. <u>kapsok@ada.</u>

Department of Biotechnology

Departmental Coordinator: Assistant Professor Stamatis Rigas Tel: +30 210 5294210, e-mail: <u>srigas@aua.gr</u> (Building No 6, 2nd floor) **DeputyDepartmental Coordinator:** Assistant Professor Eleni Douni Tel: +30 210 4372, e-mail: <u>douni@aua.gr</u> (Building No 6, 2nd floor)

Department of Agricultural Economics & Rural Development Departmental Coordinator: Associate Prof. Constantina Costopoulou Tel: +30 210 529 4183, e-mail: tina@aua.gr (Building No 1, first floor) **Deputy Departmental Coordinator:** Associate Prof.Rozakis Stylianos Tel: +30 210 5294735, e-mail: <u>s.rozakis@aua.gr</u> (Building No 11, 1stFloor)

CONTACT

Ms. Thania Anastopoulou, European Cooperation Coordinator Tel. +30 210 529 4819, e-mail: <u>european pr@aua.gr</u>

Address: AgriculturalUniversity of Athens European Programmes' Office 75, Iera Odos str., 118 55 Athens GREECE

<u>Findus</u> at the ground floor of the Central Building (No 1, corridor of Laboratory of Agronomy)

OPENING HOURS: Monday, Wednesday and Thursday 10 am to 12 am

For more Info about your Erasmus in AUA visit: <u>http://www.aua.gr/index.php?item=1</u> And ESN AUA Athens website: <u>http://aua.esngreece.gr/</u>

Athens Student's Guide

ARRIVING AT THE ATHENS INTERNATIONAL AIRPORT "ELEFTHERIOS VENIZELOS"

The Athens International Airport is located 27 km north-eastern of Athens and can be rapidly accessed via a six-lane motorway ("Attiki Odos"), by express busses on a 24h basis (<u>www.oasa.gr</u>), by metro (<u>www.amel.gr</u>) and Suburban Railway (<u>www.proastiakos.gr</u>)- from Athens center and the port of Piraeus, ensuring this way efficient transport of air travelers and facilitating linkage to key tourist attractions.

Taxi from Athens airport to Syntagma square costs 25,00 euros.

TRANSPORTATION IN ATHENS

The unified ticket is valid for all transportation on all means of Mass Transportation (ISAP, Metro, TRAM, buses, trolley-buses) for unlimited rides for 90 minutes from the hour of its validation. The student ticket costs $0,60 \in$ thus the normal $1,20 \in$. You should validate your ticket upon boarding on the vehicle (bus, trolley-busses) or entering the station (Metro, Tram, ISAP) or possess a valid travel card. The Monthly student card (for all means of transportation) costs $15 \in$ and the Daily card (for all means of transportation): $4 \in$.

You can buy tickets in all stations and in kiosks (periptera).

Underground Railway (ISAP) (<u>www.isap.gr</u>).

The underground ("ηλεκτρικός" ilektrikos) permits you to get comfortably and without delay on a journey with 24 stations, from Piraeus to the suburb of Kifissia (line 1). It runs from 05:00 to 00:30. You can buy tickets at the entrance of each station, and you must validate it before you enter the train.

Athens Metro (<u>www.amel.gr</u>).

The metro gives you the opportunity to get comfortably and very fast on a journey with 28 stations, from Anthoupoli – Elliniko (Line 2) to Aghia Marina – Doukissis Plakentias – Airport (Line 3). You can buy tickets and cards at the entrance of each station, where they are also validated before you enter the metro.

Public Urban Transportation (buses and trolley-buses) (www.oasa.gr).

Tickets must be validated upon boarding in special validation machines within the vehicle (there is a penalty fine for not stamping your ticket).

Athens TRAM (www.tramsa.gr).

There are the 3 routes of the Tram:

- THUKIDIDIS 3: From SEF to ASKLIPIO VOULA
- ARISTOTELIS 4: From SYNTAGMA to SEF
- PLATONAS 5: From SYNTAGMA to ASKLIPIO VOULA

The tram operates daily from 05:00 am to 01:00 am while on Fridays and Saturdays it operates 24 hours

TAXIS

Taxis are yellow and bear the sing TAXI on the roof. They can be found at special stops or in motion. The flag – falling is $1,19 \in$ and there is a minimum charge of $3,20 \in$ regardless of the distance. Between 24:00 and 5:00 there is a double tariff. The amount payable is indicated on the taximeter of the car, except in cases where there is an extra charge (transport from ports – airports, long distance bus terminals, luggage, radio – taxi call). During Christmas and Easter period there is an extra charge of about $0,60 \in$.

Long distance transportation: you can travel by long – distance buses (KTEL) throughout Attica, from Sounion to Marathon. They are orange – colored and their terminal is at the "Pedion tou Areos" (Areo's Park) on Mavromateon & loulianou St.. The ticket costs about from 2,20 to 5,70 € (25% student discount) depending on the route and the buses run from 05:30 till 22:30 for most routes. For further information you may call +30210 880 8000

Services

Telecommunication Services: the Greek national telephone company is the OTE ("Organismos Tilepikoinonion Ellados – Οργανισμός Τηλεπικοινωνιών Ελλάδας"). Actually, there are direct lines to all major countries and the rates vary depending on the country you are phoning. At many places of Athens such as telephone booths, street kiosks, local OTE office and hotels, you can find public telephones. In order to call you need a telephone card which is available at any kiosk in denominations of 100, 500 and 1000 units. At the airports you can also phone by using your credit card. Faxes can usually be sent from OTE offices and a few city post offices. Some useful telephone numbers are the followings: telephone directory information: ++30210 11888, international calls: ++30210 161, time: ++30210 141.

Postal Services: Greek post offices ("tachydromeia –ELTA: Ελληνικά Ταχυδρομία") are generally open from 07:30 to 14:00, Monday to Friday, with some main branches staying open as late as 20:00 (main branches occasionally open for a few hours at weekends). The main post offices in the center of Athens are indicated on the Street Finder map, at Plateia Syntagmatos, Tritis Septemvriou and on Aiolou St.. All post offices are closed on public holidays. Those with an "Exchange" sign will change money in addition to the usual services. Post boxes are usually bright yellow; those with two slots are marked "esoteriko - εσωτερικό", meaning domestic and "exoteriko - εξωτερικό", meaning overseas. Bright red post boxes are reserved for express mail, both domestic and

overseas. Express mail is a little more expensive but cuts delivery time by few days. Stamps ("grammatosima – γραμματόσημα") can be bought at post offices and also at kiosks (the latter usually charge a ten per cent commission). Some useful telephone numbers are the followings: central post offices: Plateia Syntagmatos – Mitropoleos St. ++30210 3226253, Omonia, 100 Aiolou St. ++30210 3216024.

Local Currency, Bank Services and credit cards: The monetary unit in Greece is Euro

Coins : 0,01, 0,02, 0,05, 0,10, 0,20, 0,50, 1, 2.

Notes : 5, 10, 20, 50, 100, 200, 500.

There are Greek banks and branches of all big foreign banks in all major towns and resorts as well as exchange facilities at post offices, travel agents, hotels, tourist offices and car hire agencies. Always take your passport with you when cashing travelers' checks and check exchange rates and commission charges beforehand, as they vary greatly. In major towns and tourist areas you may find a foreign exchange machine for changing money at any time of day or night; these operate in several languages. All banks are open from 08:00 to 14:30 Monday to Thursday and from 08:00 to 14:00 on Friday. Cash machines are in operation 24 hours a day. All banks are closed on public or national holidays.

The most widely accepted credit cards in Greece are Visa, MasterCard (Access), American Express and Diners Club. They are the most convenient way to pay for plane tickets, international ferry journeys, car hire, most hotels and large purchases. Cheaper tavernas, shops and hotels as a rule do not accept credit cards.

Police Service: Greece's police ("αστυνομία") are split into 3 forces: the regular police, the port police and the tourist police. The tourist police are the most useful for holiday – makers, combining normal police duties with tourist advice. Should you suffer a theft, lose your passport or have cause to complain about shops, restaurants, tour guides or taxi drivers, your case should first be

known to them. Usually every tourist police office has at least one English speaker, they can act as translators if the case needs to involve the local police. Their offices also offer maps, brochures and advice on finding accommodation. Some useful telephone numbers are the followings: Police: 100 and Tourist Police: 171 (nationwide emergency).

Medical Treatment and Insurance: All students of European Union are entitled to free medical care in Greece on presentation of an E128 (the ex E111) form. Students from other countries must be provided with a public or private insurance from their country of origin before entering Greece.

Emergency Services: In case of emergencies the appropriate services to call are listed below.

For accidents or other medical emergencies, a 24-hour ambulance service operates within Athens. If necessary, patients can be transferred to ESY (Greek National Health Service – "Eθνικό Σύστημα Υγείας") hospitals. A complete list of ESY hospitals, private hospitals and clinics is available from the tourist police. Some useful telephone numbers are the followings:

Ambulance: 166 (nationwide emergency) and doctors: 105 (from 14:00 to 07:00).

Pharmacies: Greek pharmacies are highly qualified and cannot only advise on minor ailments, but also dispense medication. Their premises ("farmakeia – φαρµακεία") are identified by a red or green cross on a white background. Pharmacies are open from 08:30 to 14:00, but are usually closed in the afternoon and on Saturday mornings. However, in large towns there is usually a rota system to maintain a service from 07:30 to 14:00 and from 17:30 to 21:00. Details are posted in pharmacy windows, both in Greek and in English. A useful telephone number is the following:

Information on 24 hour pharmacies: 107 (central Athens) and 102 (suburbs).

The climate of Athens: The weather in Athens is generally warm: temperatures are high in summer and rarely drop below 0 °C in winter when, usually, north-coming winds are extremely strong.

	April	July	October	January
Average daily hours of sunshine	8hrs	12hrs	7hrs	4hrs
Average monthly rainfall	23mm	6mm	51mm	62mm
Max Temperature	26 ° C	40°C	28°C	18°C
Min Temperature °C	6°C	19°C	11°C	1°C

Main public holidays: these are the dates when the A.U.A. and also other public organizations are closed nationwide:

1st January (New Year's Day)
6th January (Epiphany Day)
30th January (only for Educational Institutions)
25th March (National Holiday)
Greek Orthodox Easter Sunday, Easter Monday (movable feast)
1st May (Labor Day)
15th August (Assumption of Virgin Mary)
28th October (National Holiday)
17th November (only for Educational Institutions)
25th December (Christmas Day)
26th December (Boxing Day)

*Educational institutions have a two-week vacation at Christmas and a twoweek vacation at Easter time.

Entertainment and cultural life in Athens

Athens excels in the sheer variety of its entertainment. People coming to Athens can go to cinemas and see the latest film releases, attend theatre pieces, live the experience of concerts in a variety of concert halls, go to galleries, spend lazy evenings in garden bars full of the aroma of plants and flowers and also try delicious plates and wines in a great variety of restaurants and tavernas. People can, at the same time, visit some of the many museums and historical sites of Athens in order to discover the glorious Greek art and history. Some English listing magazines related to the entertainment and cultural life in Athens are the following: "Athens News" published daily, "Greek News" and "Athenscope" published weekly, "The Athenian" and "Athina" published monthly and "Odyssey" published bimonthly. Concerning detailed information about museums and sites you can address to the Hellenic Tourism Organisation (EOT).

Museums and Art Galleries

In the center of Athens:

- The National Archaeological Museum (44, Patission Str.)
- The Acropolis Museum (On the hill of the Acropolis)
- The Kerameikos Museum (148, Ermou Str.)
- The Byzantine Museum (22, Vassilissis Sophias Ave.)
- The Benaki Museum (on the corner of Vas.Sophias Ave & Koumbari Str.)
- The Greek Folk Art Museum (17, Kidathineon Str.)
- The National Historical Museum (13, Stadiou Str.)
- The Museum of Cycladic and Ancient Greek Art (4, Neophytou Douka Str.)
- The War Museum (on the corner of Vas.Sophias Ave & Rizari Str.)
- The Museum of the City of Athens (7, Paparigopoulou Str.)
- The Theatre Museum (50, Akadimias Str.)

- The National Gallery and Alexander Soutzos Museum (50, Vas. Konstantinou Ave).

- The Folk Art and Tradition Centre (6, Ang. Hatzimihali Str.)

- The Municipal and Cultural Centre of Athens (50, Akadimias Str.).

There are also many art galleries throughout the city.

In Piraeus and the suburbs:

- The Piraeus Maritime Museum (Akti Themistokleous, Freatida)

- The Piraeus Archaeological Museum (31, Harilaou Trikoupi Str.)

- The Goulandris Museum of Natural History (13, Levidou Str., Kifissia).

Places of Interest :

Archaeological sites in Athens:

- The Acropolis and the Parthenon

- The Theatre of Dionysus
- The Herod Atticus Odeum
- The Areios Pagos
- The Monument of Philopappus
- The Pnika Hill
- The Temple of Hephaestus of Theseion
- The Ancient Agora
- The Roman Agora
- Hadrian's Arch and the Temple of the Olympian Zeus
- The Kerameikos Cemetery

Byzantine Monuments in Athens and its suburbs

- Byzantine Churches: Ag. Apostoli, Kapnikarea, Ag. Theodori etc.
- The Kessariani Monastery (11th century)
- The Dafni Monastery

The Modern City of Athens

- The Tomb of the Unknown Soldier
- The House of Parliament

- The 3 Neoclassical Buildings of the Academy, the University of Athens, and the National Library

- Iliou Melathron (former home of archaeologist Schliemann)
- Sintagma Square
- Lycabettus Hill
- Plaka (old Athens, below the hill of the Acropolis)
- Monastiraki (flea market).

Public Libraries

- The National Library (32, Panepistimiou Str.), beside the University's Main Building

- The Greek Parliament Library (Sintagma Sq.)
- The "Benakios" Library (3, Anthimou Gazi Str.)
- The "Gennadios" Library (61, Souidias Str.)
- The Library of the National Institute of Research (48, Vas. Konstantinou Str.).

Religion – Churches of Various Denominations

- Greek Evangelical Church (Amalias Str.)
- St. Denis Roman Catholic Cathedral (Panepistimiou Str.)
- St. Andrew's Protestant Church (end of Sina Str.)
- St. Paul's Anglican Cathedral (Amalias Str.)
- Synagogue (Melidoni Str.)

International Cultural Centres

- British Council (17, Filikis Etairias Sq.)

- French Institute (31, Sina Str.)

- Italian Institute (47, Patission Str.)
- Goethe Institute (14-16, Omirou Str.)
- Hellenic-American Union (22, Massalias Str.)

Entertainment

In Athens - center of the artistic life in the country - the visitor can choose from among many theatres, the Opera House (Lyriki Skini) and numerous winter as well as open-air movie-theatres. Films are projected in the original version with Greek subtitles.

Athens prides itself on super-modern and perfectly equipped Mansion of Music (on the corner of Vassilissis Sophias Ave & 1, Kokkali Str.) where various performances - opera, theatre, concerts of classical and jazz music, ballet etc. - are held.

In Athens there is a wide choice of music-halls, discos and taverns.

Cultural Events

* The Athens Festival is organised by the Hellenic Tourism Organisation. Performances are held at the Odeum of Herod Atticus from June to September. They include ancient drama, opera, ballet and concerts presented by Greek and foreign troupes.

* Folk Dances (Philopappus Theatre). From May to September.

* The Sound and Light Show at the Acropolis. From April to October

* Theatre, Musical and Dance performances at the Lykabettus Hill Theatre (from June to September).

In summer time there are several other major festivals of similar concept in ancient theatres throughout Greece. The best known is the Epidaurus festival (from mid June to August); others are held in Dodoni (Epirus) and Patras.

Places to visit in Athens (<u>http://www.culture.gr</u>)

Acropolis: in the mid-5th century BC, Perikles persuaded the Athenians to begin a grand programme of new building work in Athens that has come to represent the political and cultural achievements of Greece. The work transformed the Acropolis with tree contrasting temples and a monumental gateway. The Theatre of Dionysos on the south slope was developed further in the 4th century BC and the Theatre of Herodes Atticus was added in the 2nd century AD.

The Parthenon: one of the world's most famous buildings, this temple was begun in 447Bc. It was designed by the architects Kallikrates and Iktinos, primarily to house the 12m (40ft) high statue of Athena Parthenos (Maiden), sculpted by Pheidias. Taking nine years to complete, the temple was dedicated to the goddess in 438 BC. Over the centuries, it has been used as a church, a mosque and an arsenal, and has suffered severe damage. Built as an expression of the glory of ancient Athens, it remains the city's emblem to this day.

National Archaeological Museum: the museum opened in 1891 and it is often known simply as the National Museum. It brought together a collection that had previously been stored all over the city. New wings were added in 1939. The priceless collection was then dispersed and buried underground during World War II to protect it from possible damage. The museum opened in 1946, but it has taken 50 years of renovation and reorganisation finally to do justice to its formidable collection. With the combination of such unique exhibits as the Mycenaean gold, along with the unrivalled amount of sculpture, pottery and jewellery on display, this is without doubt one of the world's finest museums.

Kallimarmaro Stadium: this huge marble structure set in a small valley by Ardittos Hill occupies the exact site of the original Panathenaic Stadium built by Lukourgos in 330-329 BC. It was first reconstructed for gladiatorial contests during Hadrian's reign (AD 76-138), then rebuilt in white marble by he wealthy Roman benefactor Herodes Atticus for the Panathenaic games in AD 144. Neglected for many years, its marble was gradually quarried for use in new buildings.

In 1895 G. Averof gave 4 million Drs in gold for the restoration of the stadium in time for the start of the first modern Olympic Games on 5th April 1896, inspired by the Baron Pierre de Coubertin. Designed by An. Metaxas, the present structure is a faithful replica of Herodes Atticu's stadium. Built in white Pentelic marble, it can seat up 60 000spectators. Metaxas was also helped by the plans of architect Ernst Ziller who excavated the site between 1869 and 1879. Among his finds was a double-headed statue of Apollo and Hermes, one of many that were used to divide the stadium's running track down its length. It is on show in the National Archaeological Museum.

Syntagma Square: the square is being situated to the Greek Parliament and the Tomb of the Unknown Soldier, decorated with an evocative relief depicting a dying Greek hoplite warrior. The tomb is flanked by texts from Perikle's famous funeral oration. The National Guard ("evzones") are on continuous patrol in front of the tomb, dressed in their famous uni-form of Greek kilt and pom-pom clogs. They are best seen at the changing of the guard, every Sunday at 11:00.

Monastiraki: this old area of the city takes its name from the little sunken monastery in Monastiraki Square. The former heart of Othoman Athens, Monastiraki is still home to the bazaar-flea market and market stalls selling everything from junk to jewellery. The Fethiye Mosque stands as a reminder of the area's eastern past. Roman influences are also strong in Monastiraki. The area boarders the Roman Agora and includes the remains of Emperor Hadrian's Library and the unique Tower of the Winds, a Hellinistic water clock. Monastiraki mixes the atmospheric surroundings of ancien ruins with the excitement of bargaining in the bazaar-flea market. The flea market of Avissynias Square is the heart of the flea market which extends through the surrounding streets. It is particular popular on Sundays mornings.

Plaka: it is the historic heart of Athens. Even though only a few houses date back further than the Ottoman period, it remains the oldest continually inhabited area of the city. One explanation of its name comes from the word pliaka ("plate-πλάκα"), which was used to describe the area by Albanian soldiers in the service of the Turks who settled her in the 16th century. Despite the coming of tourists and Athenians, it still retains the feeling of a residential neighborhood.

Lykavittos Hill: the pick of Lykavitos (also known as Lycabettus) reaches 277m (915 ft) above the city and is its highest hill. It can be climbed on foot by various paths or by the easier albeit vertiginous, ride in the funicular from the corner of Ploutarchou. On foot it should take about 45 minutes. The Hill derives its name from the popular belief that wolves ("lykoi - λ úκοι") lived here. The small white chapel of Saint George (Agios Georgios) crowns the top of the Hill. It was built in the 19th century on the sight of an older byzantine church, dedicated to Prophet Elijah (Profitis Ilias). On the Hill there is Lykavitos Theater where contemporary jazz, pop and dance performances are held annually during the Athens summer festival.

Kolonaki Square: this square and its neighboring side streets are the most chic and sophisticated part of Athens. The area is often missed by those who restrict themselves to ancient sites and the popular flea market of Monastiraki. Also known as Plateia Filikis Etaireias the square is named after a small ancient column (Kolonaki) found in the area. The lively pavement cafes around the square still attract a particular devoted clientele.

Exarcheia and Strefi Hill: it is a very attractive area with the 19th century neo-classical buildings, which is picking up and has a mixed atmosphere of student squalor and new gentrification that has brought many fashionable cafes bars and tavernas. The square of Exarcheia is especially lively when the music clubs and the open air cinema, the "Riviera" and "Box", in the streets that climb towards Strefi attract many visitors. The nearby park of Strefi Hill with its intriguing maze of paths is quiet and peaceful by day but comes to life at night when its cafes are full. Strefi Hill is one of the green areas in Athens.

National Garden: behind the parliament building this 40 acres park created in 1840, cherished by all Athenians and formerly known as the Royal Gardens, was renamed as the National Gardens by Decree in 1923. It is one of the most peaceful spots in the city: shady paths meander past small squares, benches and ponds filled with goldfishes. Remains of Roman mosaics excavated in the park and an old aqueduct add atmosphere. Modern sculptures of writers, such as Dionusios Solomos, Aristotelis Valaoritis and Jean Moreas, can be found throughout the park. South of the park lies the Zappeion exhibition hall, an impressive building in use today as a conference center. The elegant cafe next door to the Zappeion is a pleasant place to relax after a walk around these charming, peaceful gardens.

Plus the above mentioned places to visit within the city of Athens there are also many more where you can go and have a nice time; that is to say that the catalogue is indicative.

Useful Telephone Numbers

First Aid Station	166
Holiday and Night Duty Hospitals	106
Holiday and Night Doctors	105
Athens Night Duty Pharmacies	107
Police Flying Squad	100
Fire Squad	199
Aliens Bureau	210 6411746
ELPA road assistance	104
ELPA tourist information	174
Athens Traffic Police Headquarters	210 5230111
K.A.T. Hospital for Road and other Accidents	210 8014411
Poisoning Cases Centre	210 7793777
Hellenic Tourism Organisation	210 3223111
Tourist Police	171
Counseling Centre for AIDS	210 7222222
Find a telephone nr from the Telecommunications	11888
Service	

Useful Websites

- Agricultural University of Athens (A.U.A.): <u>www.aua.gr</u>
- Career Office of the Agricultural University of Athens (A.U.A.):
 www.career.aua.gr
- List of Greek Universities: <u>http://www.hri.org/nodes/gredu.html</u>
- National Agency ("I.K.Y."): <u>http://www.iky.gr</u>
- European Programmes:

http://europa.eu.int/en/comm/dg22/LLP/erasmus/home.html

- LLP Projects: <u>http://www.socleoyouth.be</u>
- The European Center for the Development of Vocational Training (CEDEFOP): <u>www.cedefop.gr/</u>
- EURYDICE-The Information Network on Education in Europe: <u>www.eurydice.org/</u>
- The European Youth Programmes: http://europa.eu.int/en/comm/dg22/youth/youth.html
- Pro Youth International: <u>www.alli.fi/euro/</u>
- Leonardo da vinci European Programme-AquaTT: <u>www.aqua-line.org/aquatt/</u>
- Tempus Programme: <u>http://www.etf.eu.int</u>
- British Council: www.britcoun.gr/
- British Embassy: www.british-embassy.gr/
- French Embassy: <u>www.ifa.gr/</u>
- Deutscher Akademischer Austrauschdienst (DAAD): <u>www.daad.de</u>
- Goethe Institut: <u>www.goethe.de</u>
- United States Embassy: <u>www.usisathens.gr/</u>
- Instituto Italiano di Cultura in Atene: <u>www.forthnet.gr/iic/</u>
- OADirekt: <u>www.oead.ac.at/</u>
- Royal Netherlands Embassy: <u>www.dutchembassy.gr/f_explorer.html</u>
- European University Institute, Florence Italy: <u>www.iue.it/</u>
- Hellenic Ministry of Agriculture: <u>www.minagr.gr</u>

- Hellenic Ministry of Foreign Affairs: <u>www.mfa.gr/</u>
- Hellenic Ministry of Culture: <u>www.culture.gr/</u>
- Hellenic Ministry for the Environment Physical Planning & Public Works: www.minenv.gr/
- Thessaloniki Technology Park: <u>www.techpath.gr/</u>
- Institute of Marine Biology of Crete: <u>www.imbc.gr</u>
- Forest Research Institute: <u>www.fri.gr/</u>
- Institute of Molecular Biology & Biotechnology: <u>www.imbb.forth.gr/</u>
- Institute of Communication & Computer Systems (ICCS): <u>www.iccs.ntua.gr/eng/</u>
- Computer Technology Institute: (CTI): <u>www.cti.gr/</u>
- National Observatory of Athens: <u>www.noa.gr/indexen.html</u>
- Hellenic Pasteur Institute: <u>www.pasteur.gr/</u>
- National Center for Scientific Research "Demokritos": <u>www.ariadne-t.gr/</u>
- Alexander S. Onassis Public Benefit Foundation: <u>www.onassis.gr</u>
- Volunteers for Nature: <u>http://www.forthnet.gr/volunteersfornature/greek.html</u>
- National Book Center of Greece: <u>http://book.culture.gr/</u>
- Travel: <u>www.city.net</u>
- Medical Health Sciences Libraries on the Webs: <u>http://cando.lancs.ac.uk/</u>